



DISABILITY SERVICES – TAMWORTH

Advocacy

- *Disability Advocacy NSW provides advocacy services for people with a disability
Contact: 6766 4588
- *Multicultural Disability Advocacy Association of NSW 1800 629 072

Assessment

- *Aged Care Assessment Team (ACAT), provides assessment, information and referral to community services, community packages, hostels and nursing homes.
Contact: 6767 8300
- *Department of Ageing, Disability and Home Care Contact: 6763 0500

Carers

- *New England Carer Support Service offers support, information, advocacy and training to carers who look after someone with a disability, frail aged, dementia, chronic illness or children with a disability. Aboriginal Carer Support Officer available for ATSI carers. Contact: 6766 4480
- *Carer Assist, Support for Mental Health Carers—Carer Advocate Tamworth
Contact: 6761 3222
- *Carers Resource Centre 1800 242 636 for information and support. The Carers Line operated after hours on the Freecall number.
- *Challenge Disability Carers Support Group meets monthly Contact: 6766 1288
- *Life without Barriers—Ageing Parent Carers program Contact: 6766 5374
- *Northcott—Respite for Older Carers, Support groups Contact: 6762 4902

Day/Activity Centres

- *Kamilaroi Ageing and Disability Services provides day centre activities for Aboriginal people who are frail aged or have a disability. Contact: 6766 9944
- *Cockburn Cottage Kootingal provides day centre activities for people in the Moonbi/Kootingal areas. Contact: 6760 3937
- *Challenge Disability Services runs a variety of programs for people with an intellectual disability. After School hours care program Contact: 6766 1288
- *Sunnyfield Day Programs and Community Participation in Tamworth, Armidale and Gunnedah Contact 6765 3928 or 6762 4323
- *Newtrain Disability Services provides programs for people with a disability.
Contact: 6762 2888

Early Intervention

- *Horizon Early Childhood Intervention Service for children 0-6 years with a disability or at risk of developing one Contact 6766 3587
- *Tamworth Community Health Child Development Service Contact 6767 8100

Employment/Training

- *Billabong Clubhouse is a work focused rehabilitation centre for anyone with a mental illness Contact 6766 9960
- *Challenge Disability Services Training and Employment Contact 6766 5450
- *CRS Contact 6755 5555
- *Peel Valley Training Contact: 6761 2333

Equipment

- *Acacia Medical Equipment Contact 6766 6760
- * *Chemists—see in the Yellow Pages
- *EPPS Engineering—Scooters and Car Modifications Contact 6765 9272
- * Enable NSW Contact 1800 362 253
- *New England Equipment Services Contact 6767 8325
- *Telstra Disability Assistance Helpline 1800 068 424 or TTY 1800 808 981

Financial Advice

- *Centrelink Contact: 132 468
- *Isolated Patients Travel and Accommodation Assistance Scheme (IPTAAS) For people who must travel more than 100km (one way) for specialist medical treatment Contact 6767 8340
- *Taxi Subsidy Scheme Contact: 1800 623 724

Health

- *Brain Injury Rehabilitation Program Contact 6767 8350
- *Rural Spinal Cord Injury Service Contact 6767 8392
- *Tamworth Community Health Centre provides Community Nursing, Continence Adviser, Dietitian, Audiometrist, Aboriginal Health, Mental Health, Respiratory Services, Palliative Care Contact: 6767 8100
- *Tamara Private Hospital, Dean St Contact: 6766 1955
- *Tamworth Base Hospital Contact: 6767 7700
- *Emergency: Contact 000

Home Modifications and Maintenance

Provide financial assistance with modifications to the home following an assessment by an occupational therapist to determine need and eligibility.

*Home Modifications Contact: 6767 8100

Housing

*Department of Housing, 3 White St Tamworth Contact: 6764 5555

*Richmond Fellowship 6 Bourke St Tamworth Contact: 6766 7827

*PRA Low Support Program for people with a mental illness Contact: 6761 3337

Information

*Tamworth Community Centre has information on all types of services in Tamworth. Staff available to discuss your needs. Contact 6766 4480

*Commonwealth Carelink has information on aged and disability services in New England area. Contact: 1800 052 222

Living Skills

*Billabong Clubhouse Contact 6766 9960

*Challenge Disability Services Contact 6766 1288

*Guide Dogs NSW/ACT assists with mobility concerns for people with a vision impairment Contact 6761 3152

*Northcott runs various programs Contact 67624902

*Sunnyfield Contact 6762 4323

*Vision Australia For all enquiries contact 1300 847 466

*Newtrain Disability Services Contact: 6762 2888

Meals

Delivery of meals to the home.

*Tamworth Meals on Wheels Contact: 6765 8999

*Moonbi/Kootingal Meals on Wheels Contact: 6760 3577

Miscellaneous

*Centacare Contact 6762 1783

*Challenge Schools Out Before/After School/Vacation Care Contact 6766 7238

*Challenge Time out Mental Health/Disability Respite Contact 6766 1952

*House with No Steps Contact 5719 1089

*Northwest Regional Community Care provides case management for people with disabilities who have complex needs Contact 6740 2242

*Mental Health Team Contact 6767 7910 or 1300 669 757

*MS Society Contact 6766 1900

*Multitask Contact 6765 8440

*Newtrain Contact 6761 2780

*Tamworth Family Support Service provides help to families with dependent children through difficult times and runs playgroups Contact 6766 4596

*Spinal Cord Injury (SCI) Contact 6766 6422

Personal Care/Domestic Assistance

*Home Care Service of NSW offers personal care, housework and respite care. Contact: 6763 0500 or Aboriginal Home Care contact 1300881144 or 6763 0506

*HACC Temporary Assistance Contact: 6767 8112

The following are private nursing services that offer nursing, personal care, housework and respite care:

*McLean Care Contact: 6766 5006

*Rural Home Nursing Service Contact: 6761 3600

*SOS Nursing Service Contact: 6765 8433

*Australian Home Care Services Contact: 6658 2922

*Integratedliving Contact: 1300 778 718

Respite

*Ageing Parent Carer Respite Contact 6730 2430

*Commonwealth Carer Respite and Carelink Centre offers information about respite options, assistance with accessing emergency or planned respite, financial assistance for short term respite. Contact: 1800 052 222

*Challenge Respite Service provides weekend, emergency respite and school holiday programs Contact: 6766 6594

*Northern Respite Assist Contact: 6730 2430

*Northcott provides weekend and school holiday respite, coordination for ageing parent carers Contact 6762 4902

*Rotary Respite Centre is a residential respite home. Contact: 6766 4954

*See Day Centres

*SOS Nursing and Home Care Sans Souci Respite Contact 6765 8433

Social Support

*TOCAN PAIRS outings & social support Contact: 6766 4939

Transport

*Oxley Community Transport Service provides transport for frail aged, people with disabilities and their carers. This includes transport to appointments, day centre and shopping trips. Contact: 6766 3277

This information book is provided by Tamworth Community Centre as a free community service. If you require any further information please contact the Centre on 6766 4480. Printed December 2011