



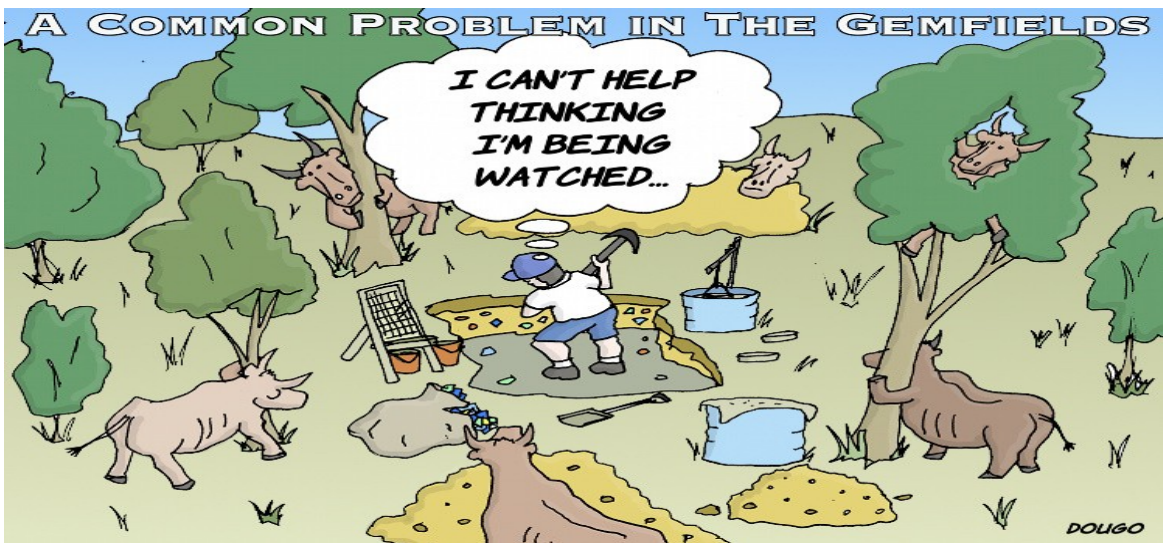
BARRABA HACC NEWSLETTER

An information Newsletter for Home and Community Care (HACC) clients,
their families and the general public.

CONTRIBUTIONS TO BARRABA HACC OFFICE, QUEEN STREET, BARRABA

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For HACC services in the Barraba area contact the Coordinator Adrienne Hancock. An assessment is required to determine eligibility and type of service required. Fees apply for all services. Phone: 02 6782 1068

WHY THIS NEWSLETTER

The primary aim of this newsletter is to inform the Barraba Community of the services available not only from the HACC service, but in the wider community.

Do you belong to or know of a group that may be interest to our clients and their families? Details will be included in this newsletter.

Do you have an event locally or elsewhere where our clients would be able to attend, let us know.

USEFULL STUFF TO KNOW

Do you have a mobile phone, the Ambulance Service is trained to look for an ICE number, this is an **IN CASE OF EMERGENCY NUMBER** of your nominated person to contact. They will ring them and let them know where you have been taken.



NSW RURAL FIRE SERVICE ASSISTING OUR VALUABLE MEMBERS OF THE COMMUNITY

Elderly people living in bushfire prone areas can receive help to ensure hazards around their home are minimized.

The NSW Rural Fire Service's (RFS) Assist Infirm, Disabled and Elderly Residents (AIDER) program provides free, basic hazard reduction work around properties for those who cannot undertake the work themselves. Services include thinning vegetation, removing leaves, trimming branches, cleaning gutters and mowing or slashing long grass.

The service is available to aged residents and people with disabling conditions who have limited domestic support from family, relatives, friends or other services.

Visit www.rfs.nsw.gov.au to enquire about AIDER.



WHATS ON IN BARRABA AND SURROUNDING AREA

August 10th

Barraba Artisan's Farmers Market

September 14th

Barraba Artisan's Farmers Market

September 21st

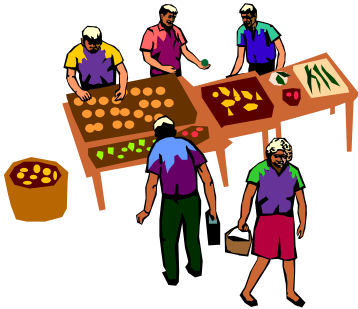
Barraba Races

October 7th

Swimming Season Begins

October 12th&26th

Barraba Artisan's Farmers Market



EXISTING GROUPS

Dementia Support Group Meets Last Wednesday of the Month at Day Centre 10.30am

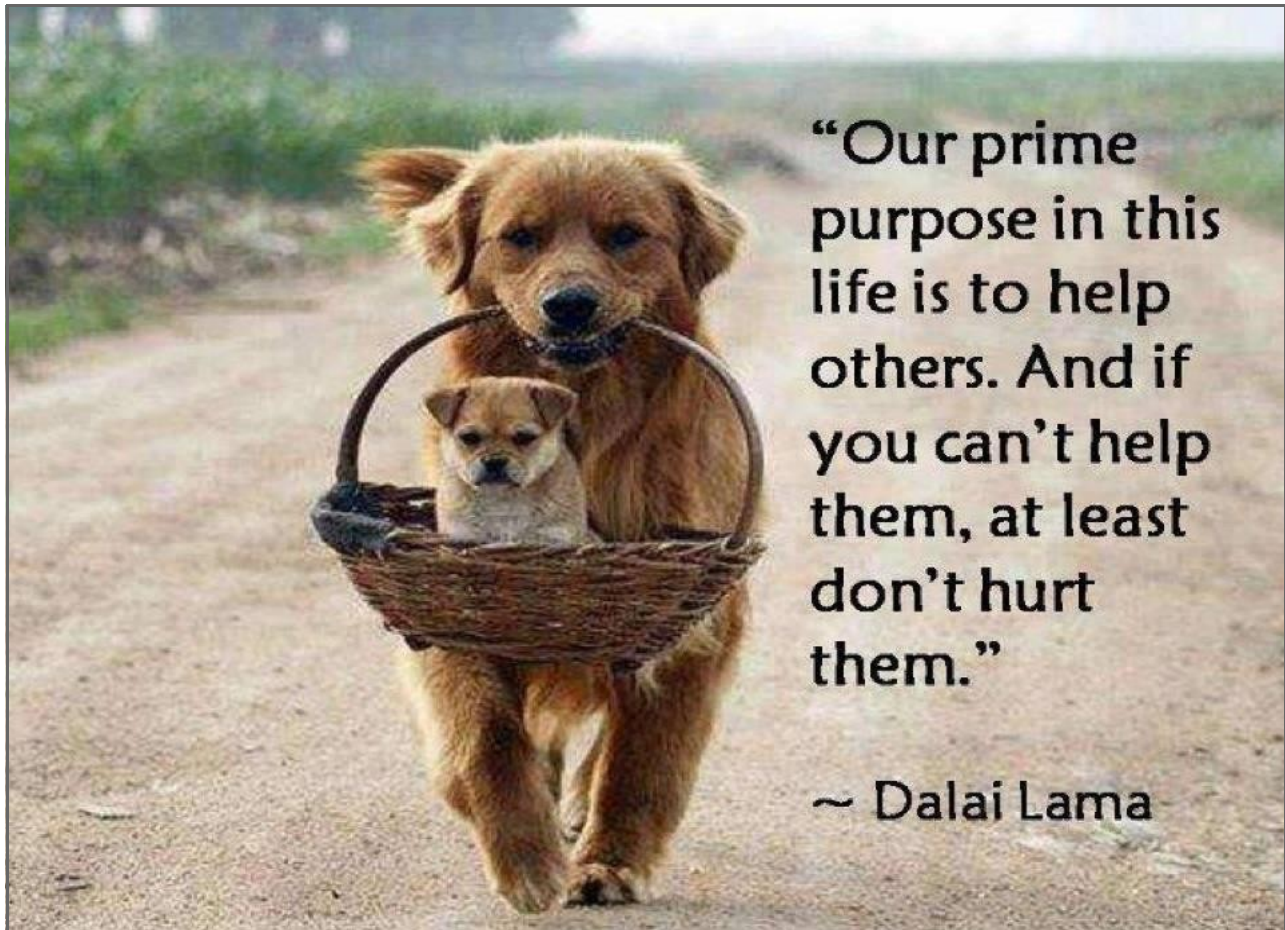
For anyone living with a partner/friend/family member with Dementia. Or anyone interested in finding out more about it.

Barraba Access Group Meets BiMonthly next meeting 8th August 2.00pm at Richardson House

Looks at any difficulties for pedestrians with any form of mobility issues and refers to Tamworth Regional Council for appropriate action.



Do you or someone you know qualify for HACC services in the Barraba area? Information and support is available for HACC qualified clients and their carers. The criteria is broad, and can be explained. The service is primarily for frail aged, people with a disability not necessarily only frail aged. Fees are payable for all services but are reasonable. Please contact the co-ordinator of this service Adrienne Hancock at the office on 02 6782 1068



A man and his wife were sitting in the living room and he said to her, "Just so you know, I never want to live in a vegetative state, dependent on some machine and fluids from a bottle. If that ever happens, just pull the plug." His wife got up, unplugged the TV and threw out all of his beer.